



Washington Preschool
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Mrs. Kathy Young, Principal



November Newsletter

2017



Principal's Corner

LEADERS AHOY!

Hard to believe it's November! Thanks to all who came to our Halloween parade. The children loved seeing all of our visitors! We are all looking forward to Literacy Night on November 15th. Come bring the family for an exciting evening of literacy activities! It's a Win Win night for all!

Nurse's Notes

Travel Safety & Mental Health Tips

*Homes you visit during the holidays may not be childproofed. Keep an eye out for danger spots like unlocked cabinets, unattended purses, accessible cleaning or laundry products.

* Traveling, visiting family members, shopping, etc., can all increase stress levels. Trying to stick to your child's usual routines, including sleep schedules can help you and your child enjoy the holidays and reduce stress.

"Holiday-Safety-Tips" Healthychildren.org

Dates to Remember

November 8 - 50's Day
November 9 - Picture retakes
November 13 - Wear Red/White/Blue in honor of Veteran's Day
November 15 - Literacy Night
November 20-24 - Thanksgiving Break

Keep collecting Box Tops!

Therapist Notes

The preschool motor lab allows each class 2 sessions every week to try activities that will build strong foundations for learning. The activities incorporate tactile, proprioceptive, vestibular, reflex integration exercises, balance, eye-hand-foot coordination, motor control, hand writing and core strength. These are all important for building learning and cognition. Washington preschool is using curriculum from Ready Bodies, Learning Minds Cultivating the Complete Child. Ask your child to show you a popcorn or a superman!!

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for families

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Read and Eat

By: **Mary Reid**

For years I kept a stone in a drawer in my kitchen. Why, you ask? Because my kids and I needed it to make stone soup! The classic story, *Stone Soup*, tells about a weary traveler who arrives in a village hungry and without food. None of the villagers wish to share food with him until he says he can make soup from a stone. The villagers offer first an onion, and finally some juicy beef bones.

Every time we made soup, we'd turn it into stone soup and together would chant the refrain, "Fancy that, soup from a stone," and "It tastes good now but it would taste better if we had some juicy beef bones."

Our children loved making stone soup for years, always using the same smooth white stone. As a family, we had fun chanting, "Soup from a stone. Fancy that?" but the lesson was deeper. We talked about the gist of being generous - a family value we wanted to pass down to our children.

Cooking offers a wonderful way to bring what we learn from books into our daily life. While cooking we build relationships, engage the senses and develop literacy skills.

Many classic children's stories lend themselves to cooking with children. Here are some examples:

***Goldilocks and the Three Bears*:** The story of the Three Bears is a predictable story and one easily sequenced by young children due to the repetition (Papa Bear's big items, Mama Bear's middle sized things and Baby Bear's tiny things). Sequencing is a skill that is needed in daily life, as well as in reading and math comprehension. And of course this story begs for a porridge meal (oatmeal, cream of wheat, etc.) Children will, of course, want theirs "Just right," just like Goldilocks.

***Green Eggs and Ham*, by: Dr. Seuss:** Add a little green food coloring into scrambled eggs for your child after reading the book together. If your picky eater doesn't like the look of green eggs, ask him "Would you eat them in the boat? Would you eat them with a goat?" He may reply, "I do not like green eggs and ham. I do not like them, Sam I Am." Who can deny Dr. Seuss as the king of rhyme? Learning to rhyme is a skill needed before children learn to read. Many adults remember the rhymes from Dr. Seuss books and making time to rhyme with children is a fun way to learn this skill.

***Pancakes, Pancakes*, by: Eric Carle:** This book illustrates the old fashion way to make pancakes beginning with graining the flour. Follow the author's lead and take the time to make pancakes from scratch with your child. (You don't need a mix - pancakes require just a few ingredients.) Foster writing and math skills by creating a pictorial version of your own pancake

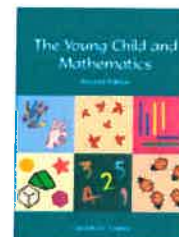
recipe with your child, making simple drawings to depict the ingredients. For example, you can say: "We used two eggs. Can you make a drawing that shows how many eggs we need for this recipe?"

For Your Child's Teacher

**Developmentally Appropriate Practice: Focus on Infants and Toddlers**

Author(s):
Carol Copple, Sue Bredekamp, Derry Koralek, & Kathy Charner, eds.

ISBN: 978-1-928896-95-1

[Buy Now](#)**The Young Child and Mathematics (2nd ed.)**

Author(s):
Juanita V. Copley

ISBN: 978-1-928896-68-5

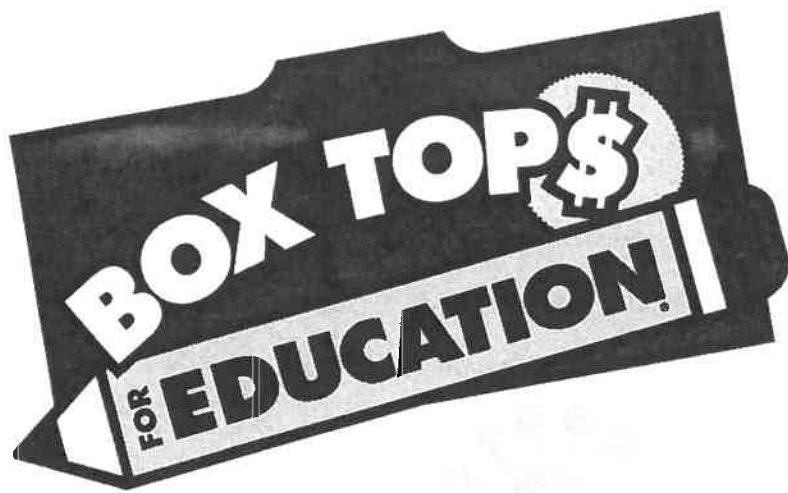
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COLLECTION SHEET

HOJA DE RECOPIACIÓN

HEY MOM!
Turn in completed sheets to the Box Tops coordinator at your child's school.

Mamá, entrega las hojas completadas al coordinador de Box Tops en la escuela de tu hijo.

15	16	17
18	19	20
21	22	23

24	25
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Thank you for helping! Clipped Box Tops are each worth 10¢ for your child's school. Bonus certificates should not be attached to this sheet – please submit them separately. To see more ways to earn cash for your child's school, go to BTFE.com.

¡Gracias por tu ayuda! Cada cuadrado de Box Tops vale 10¢. Bonus certificados no deben acompañar a esta hoja - por favor entregar por separado. Para aprender más de Box Tops for Education, visita BTFE.com.